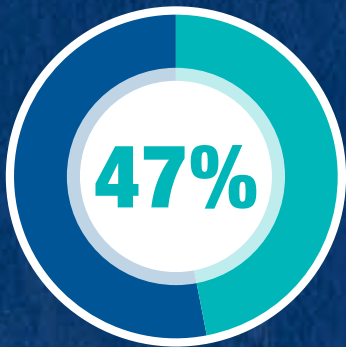
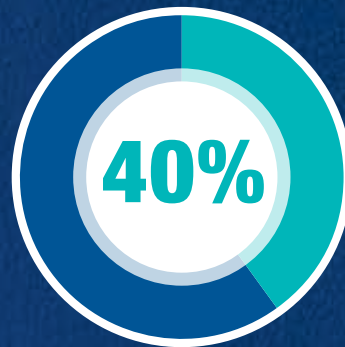


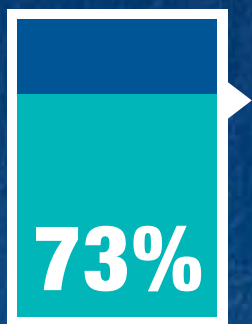
# Survey: Albertans living pay cheque to pay cheque and facing high debt, despite economic optimism



Percentage of Albertans living pay cheque to pay cheque



Feel overwhelmed by debt (National average 35%)



Have saved only one-quarter or less of what they feel they'll need to retire



61%

Expect the economy in their city or town to improve (National average 39%)



Albertans, more than anyone else in Canada, say that 'economic uncertainty' a major driver for saving



Nearly 1 in 4 could not come up with \$2,000 within a month in an emergency



National spending levels have risen



41%

Spend all of or more than their net pay

10%

The Canadian Payroll Association recommends you take control of your finances by automatically directing 10% of your net pay into a separate savings or retirement account - *Pay Yourself First!*