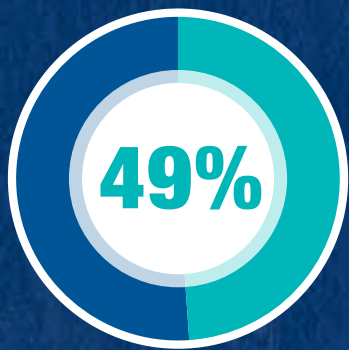
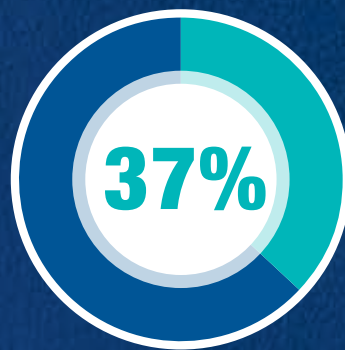


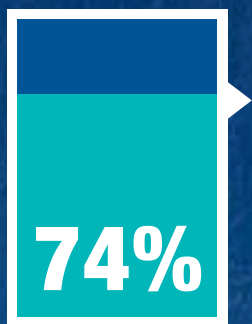
Survey: Ontarians living pay cheque to pay cheque, gloomy over economy and facing high debt



Percentage of employed Ontarians living pay cheque to pay cheque



Feel overwhelmed by debt



Have saved only one-quarter or less of what they feel they'll need to retire



37%

Only 37% expect the economy in their city or town to improve



53%

Percentage of Ontarians who say they will need at least \$1 million to retire (National average 46%)



1 in 4 could not come up with \$2,000 within a month in an emergency



National spending levels have risen



42%

Spend all of or more than their net pay

10%

The Canadian Payroll Association recommends you take control of your finances by automatically directing 10% of your net pay into a separate savings or retirement account - *Pay Yourself First!*