

## Atlantic Canadians Among Worst Nationally When it Comes to Economic Confidence, Living Pay Cheque to Pay Cheque



**49%**

Atlantic Canadians living pay cheque to pay cheque (National average 44%)



**28%**

Expect their local economy to improve (National average 39%)



**41%**

Spend all of or more than their net pay



**45%**

Overwhelmed by debt (National average 40%)



**66%**

Have saved only one-quarter or less of what they feel they'll need to retire



**31%**

Debt has increased (National average 34%)



Primary reason for increased debt? **Children**



Most difficult debt to pay down: **Credit card debt, lines of credit**

### PAYROLL HAS THE POWER

- ✓ To help employees **Pay Themselves First** by arranging automatic deductions from their pay to use towards debt repayment or retirement savings
- ✓ To assist employers in delivering financial wellness programs and resources

Download free resources at [payroll.ca](http://payroll.ca)